

## I AM HUMAN

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Death will come to all and that is known to everyone, believing it or not is your own personal choice but you are going to be held answerable for whatever you do in this mortal world.<sup>1</sup>

You might have visited hospitals and seen some individuals roaming and running around in their white overalls keeping their own worries aside. These are doctors. Addressing them who help you when you are on your death bed, calming you down and your loved ones and going all out to try and make you live a little more. They are humans just like you. This article is being written to shed light on how these people you might call your guardian angels can be assisted by you, the people or the government for their issues which they face throughout their lives and still stay strong.<sup>2</sup>

A doctor's difficulties begin as soon as he graduates. While applying for a house job, he fears not being selected at all by any of the institutes he applies for. The fear of rejection destroys many. That's not only the case with doctors but every single person who gets rejected or fears it is in the end miserable. Moving further, even if the person is selected the problems of paid and unpaid jobs makes him tense, as most of the hospitals and institutions prefer the house jobs to remain unpaid and so it extracts all the energies of a human without being rewarded for it. Then comes job insecurities that they face as they can be made to leave without any notice or issues caused by them.<sup>3</sup>

After post-graduation, difficulties are different. Job insecurities still remain intact, however. It is then about acquiring job, promotions and postings which are usually not on time and sometimes individuals appointed are not based merit since seniority and capabilities are not taken into account. There is mere one person decision writing ACR (Annual Confidential Report), to reflect on their performance, rather having a 360 feedback from all stake holders.<sup>4</sup> If a doctor gets married in between this whole journey, problems change, in fact rise. It causes a disturbance in family lives since doctors are not able to give proper time to their families. The lack of time distances them apart and they live together without being together. Moreover, a

rise in expectations of the family and society is observed and to fulfill them, doctors consider private practices and other resources for income in order to deliver.

To gather it all up, what is required is to learn that every job has its own demands and they need to be addressed at the proper time in order to succeed as a nation. Therefore, we need to find solutions and talk about them. Also, we need to provide a clear-cut information to every occupation on what could and could not be provided to them for a better understanding of the limitations within which things need to be worked out.

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